# SPRING 2025

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# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13 GSTEP – 16 Week Course	14	15	16	17	18
19	20	21	22	23	24	25
26	27 <u>Unmasking</u> <u>Imposter</u> <u>Syndrome –</u> <u>12PM</u>	28	29 <u>Taming the MS</u> <u>Word Beast –</u> <u>3PM</u>	30	31	

## January 2025

#### Graduate Student Teaching Excellence Program (GSTEP)

Fall 16-week Term

# Presented by the UNT Center for Learning Enhancement, Assessment, and Redesign Zero Credit Online Course

The Graduate Student Teaching Excellence Program (GSTEP) is a zero-credit course offered every Fall and Spring 16-week term for all UNT graduate students, regardless of teaching experience, with the Summer 10-week term reserved for Ph.D. students in the G. Brint Ryan College of Business. This course covers key topics in university teaching and student learning, such as writing learning objectives, designing assessment techniques, creating active learning environments, and evaluating teaching effectiveness, all while addressing the needs of diverse learners. GSTEP aims to foster meaningful conversations about teaching and learning among UNT Teaching Assistants, improve andragogical skills, and enhance student retention at UNT. Participants will have opportunities to practice and reflect on their teaching methods, contributing to the development of a stronger teaching community.

#### What UNT Libraries Can Do for You!

January 22, 2025; 12:00PM to 1:00PM

## Presented by Pilar Baskett and Coby Condrey,

#### **Virtual Event**

The UNT Libraries offer a wide range of services to graduate students, including lending and requesting materials, course reserves and online research guides if you are teaching, research help, literature review guidance, citation styles, reference management, scholarly writing, printing, study spaces and more. This 1-hour workshop is designed with graduate students in mind, but all are welcome to attend.

#### Unmasking Imposter Syndrome: A Guide for Graduate Students

January 27, 2025; 12:00PM to 1:00PM

#### Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

Join our virtual training to learn about impostor syndrome, gain perspective, and practice self-compassion. This workshop is designed to help you identify and address feelings of self-doubt, empowering you to move forward with confidence.

### Taming the MS Word Beast

January 29, 2025; 3:00PM to 5:00PM

# Presented by Jill Kleister, Toulouse Graduate School Willis Library, Room 130

This is a hands-on workshop designed to help you master Microsoft Word's powerful tools. Many users struggle with Word's complexities, often resorting to workarounds, but still facing unpredictable results. In this session, you will learn practical strategies to confidently navigate and optimize Word, ensuring that you can focus on your writing rather than technical issues. Bring your own laptop and let our Graduate Reader guide you through tips for improving your workflow.

## RefWorks: A Free Bibliographic Citation Manager

January 30, 2025; 12:00PM to 1:00PM

#### Presented by Cobey Condrey,

#### **Virtual Event**

There is an excellent tool that can help you keep tabs on the many paths of your research journey: RefWorks. This citation manager allows you to organize your research, keep notes, and store information so that you can access articles, books, or other resources easily. The tool also exports bibliographic references in many citation styles. This 1-hour workshop is designed with graduate students in mind, but all are welcome to attend.

# February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 GradLife Balance: Graduate Student Support Workshop - 1pm	4 Basics of Finding Funding for Graduate Studies	5  Mastering Academic Writing: Strategies and Resources for Graduate Success – 12pm	6	7	8
9	10 Building Your Academic Profile Through ORCIDs	11	12 Eagle Thesis & Dissertation Boot Camp – 9am	13 Eagle Thesis & Dissertation Boot Camp – 9am	14 Eagle Thesis & Dissertation Boot Camp – 9am	15
16	17 GradLife Balance: Graduate Student Support Workshop - 1pm	18	19	20	21	22
23	24 <u>Feedback</u> <u>Resilience</u> Workshop – 1pm	25	26	27	28	

## February 2025

### GradLife Balance: Graduate Student Support Workshop

February 3, 2025; 1:00 PM to 2:00 PM

#### Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

In this workshop, UNT graduate students join in a supportive environment to discuss and navigate the challenges of graduate life. Topics covered will include stress management, burnout, role conflict, imposter syndrome, communication challenges, and more. This session is a great opportunity to connect with fellow students and gain valuable support.

### Basics of Finding Funding for Graduate Studies

February 4, 2025; 12:00PM to 1:00PM

#### Presented by Jennifer Rowe, head of branch libraries Virtual Event

UNT Libraries have resources for finding grants and scholarships to help finance the costs of getting a university education. In this 1-hour session, participants will learn about ways to identify funding sources for scholarships and research projects and will review best practices for applying. The event is designed with graduate students in mind, but all are welcome to attend.

# Mastering Academic Writing: Strategies and Resources for Graduate Success

February 5, 2025; 1:00PM to 2:00PM

## Presented by Graduate Writers, Writing Center Virtual Event

Join us for the Academic Writing workshop, designed to equip incoming graduate students with essential information and resources to meet and exceed the expectations of graduate-level writing. The workshop includes helpful insights for international students as well. Together, we'll explore common academic challenges, discuss practical strategies, and highlight available resources. Whether you're an international student or domestic, this workshop aims to address your questions and concerns, ensuring your academic success here at UNT and beyond.

#### Building Your Academic Profile Through ORCIDs

February 10, 2025; 12:00PM to 1:00PM

Presented by Dr. John Martin, director of scholarly communication

#### **Virtual Event**

ORCID is one of the most widely used researcher identification tools, and having a profile helps ensure that your scholarly work is properly recognized, cited, shared, and accessible to other researchers, grant agencies, employers, and students. This 1-hour workshop will explain ORCID, guide attendees through the registration process, and discuss other scholarly network platforms as well. The event is designed with graduate students in mind, but all are welcome to attend.

#### Eagle Theses and Dissertation Boot Camp

February 12, 13, & 14, 2025; 9:00 AM to 4:00 PM

Presented by Dr. Joseph Oppong, Toulouse Graduate School Chestnut Hall, Room 120A & 120B

The Eagle Thesis & Dissertation Boot Camp is designed to provide an environment and support for intense, focused writing time, as well as structure and motivation to overcome typical roadblocks in the dissertation-writing process. This interruption-free, stress-free, no-excuses-just-do-it writing time is intended for master's and Ph.D. students. This is a two-day program that runs from 9a.m. to 4:00 p.m. each day.

## GradLife Balance: Graduate Student Support Workshop

February 17, 2025; 1:00 PM to 2:00 PM

#### Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

In this workshop, UNT graduate students join in a supportive environment to discuss and navigate the challenges of graduate life. Topics covered will include stress management, burnout, role conflict, imposter syndrome, communication challenges, and more. This session is a great opportunity to connect with fellow students and gain valuable support.

#### Feedback Resilience Workshop

February 24, 2025; 1:00 PM to 2:00 PM

#### Presented by Haley Peña, Counseling and Testing Services Virtual Event

In this 1-hour virtual workshop, you will learn how to foster a mindset that enables growth when receiving tough feedback. This session will focus on strategies for building resilience, coping with challenging feedback, and using it as a tool for personal and professional development.

# March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 GradLife Balance: Graduate Student Support Workshop - 1pm	4	5 Writing the Literature Review Workshop – 12pm	6	7	8
9	10	11	12	13	14	15
		Spi	ring Brea	k 2025	<b></b>	
16	17 GradLife Balance: Graduate Student Support Workshop - 1pm	18	19	20	21	22
23	24 Stress or Burnout? What to Do? – 1pm	25	26 Eagle Thesis & Dissertation	27 Eagle Thesis & Dissertation	28 Eagle Thesis & Dissertation	29
30	31 GradLife Balance: Graduate Student Support Workshon - 1pm		Boot Camp – 9am	Boot Camp – 9am	Boot Camp – 9am	

## **March 2025**

### GradLife Balance: Graduate Student Support Workshop

March 3, 2025; 1:00 PM to 2:00 PM

#### Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

In this workshop, UNT graduate students join in a supportive environment to discuss and navigate the challenges of graduate life. Topics covered will include stress management, burnout, role conflict, imposter syndrome, communication challenges, and more. This session is a great opportunity to connect with fellow students and gain valuable support.

#### Writing the Literature Review Workshop

March 5, 2025; 12:00PM to 1:00PM

#### Presented by Graduate Writers, Writing Center

#### **Virtual Event**

Join us for the Academic Writing workshop, designed to equip incoming graduate students with essential information and resources to meet and exceed the expectations of graduate-level writing. The workshop includes helpful insights for international students as well. Together, we'll explore common academic challenges, discuss practical strategies, and highlight available resources. Whether you're an international student or domestic, this workshop aims to address your questions and concerns, ensuring your academic success here at UNT and beyond.

### GradLife Balance: Graduate Student Support Workshop

March 17, 2025; 1:00 PM to 2:00 PM

#### Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

In this workshop, UNT graduate students join in a supportive environment to discuss and navigate the challenges of graduate life. Topics covered will include stress management, burnout, role conflict, imposter syndrome, communication challenges, and more. This session is a great opportunity to connect with fellow students and gain valuable support.

## Stress or Burnout? What to Do?

March 24, 2025; 1:00 PM to 2:00 PM

Presented by Atekeh Sadat and Diana Schaefer, Counseling and Testing Services Virtual Event Join us to learn about the difference between stress and burnout, including their physical and emotional symptoms, and discover effective strategies to overcome them. This workshop will be presented by Atekeh Sadat, LMSW, supervised by Diana Schaefer, LCSW-S, with co-host Haley Peña, M.Ed., LPC. Register to participate and enhance your well-being!

#### Eagle Theses and Dissertation Boot Camp

March 26, 27, & 28, 2025; 9:00 AM to 4:00 PM

Presented by Dr. Joseph Oppong, Toulouse Graduate School Chestnut Hall, Room 120A & 120B

The Eagle Thesis & Dissertation Boot Camp is designed to provide an environment and support for intense, focused writing time, as well as structure and motivation to overcome typical roadblocks in the dissertation-writing process. This interruption-free, stress-free, no-excuses-just-do-it writing time is intended for master's and Ph.D. students. This is a two-day program that runs from 9a.m. to 4:00 p.m. each day.

## GradLife Balance: Graduate Student Support Workshop

March 31, 2025; 1:00 PM to 2:00 PM

#### Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

In this workshop, UNT graduate students join in a supportive environment to discuss and navigate the challenges of graduate life. Topics covered will include stress management, burnout, role conflict, imposter syndrome, communication challenges, and more. This session is a great opportunity to connect with fellow students and gain valuable support.

# April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8 Accessing Resources Beyond the Libraries' Collections- 12pm	9	10	11	12
13	14 <u>GradLife Balance:</u> <u>Graduate Student</u> <u>Support Workshop -</u> <u>1pm</u>	15	16 Preparing Materials for Academic Jobs – 12pm	17	18	19
20	21 Perfectionism Workshop – 1pm	22	23 Eagle Thesis & Dissertation Boot Camp – 9am	24 Eagle Thesis & Dissertation Boot Camp – 9am	25 Eagle Thesis & Dissertation Boot Camp – 9am	26
27	28 GradLife Balance: Graduate Student Support Workshop - 1pm	29	30			

# **April 2025**

# Accessing Resources Beyond the Libraries' Collections: Interlibrary Loan and Document Delivery Services

April 8, 2025; 12:00 PM to 1:00 PM

## Presented by Members of the Resource Sharing Team for ILL and Document Delivery Virtual Event

UNT community members may borrow materials from libraries worldwide through Interlibrary Loan (ILL) and Document Delivery Services. This 1-hour workshop will cover the basics of finding and requesting materials through ILL, using digital object identifiers (DOIs) to get the exact item needed, finding digitized public domain items, copyright considerations in ILL, and more. The event is designed with graduate students in mind, but all are welcome to attend.

Event date & time: Tuesday, 4/8/2025, at noon

## GradLife Balance: Graduate Student Support Workshop

April 14, 2025; 1:00 PM to 2:00 PM

# Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

In this workshop, UNT graduate students join in a supportive environment to discuss and navigate the challenges of graduate life. Topics covered will include stress management, burnout, role conflict, imposter syndrome, communication challenges, and more. This session is a great opportunity to connect with fellow students and gain valuable support.

#### Preparing Materials for Academic Jobs

April 16, 2025; 12:00PM to 1:00PM

## Presented by Graduate Writers, Writing Center

#### **Virtual Event**

Join us for the Preparing Materials for Academic Jobs workshop. Whether you're considering applying for faculty positions or other academic roles, it's never too early to start refining your written materials. In this workshop, we will introduce you to the most common genres requested by search committees, such as letters of interest, statements of teaching philosophy, and research statements. Through reviewing samples and engaging discussions, we'll provide insights on how to craft successful documents.

## Perfectionism Workshop

April 21, 2025; 1:00 PM to 2:00 PM

Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services

#### **Virtual Event**

## Eagle Theses and Dissertation Boot Camp

April 23, 24, & 25, 2025; 9:00 AM to 4:00 PM

Presented by Dr. Joseph Oppong, Toulouse Graduate School Chestnut Hall, Room 120A & 120B

The Eagle Thesis & Dissertation Boot Camp is designed to provide an environment and support for intense, focused writing time, as well as structure and motivation to overcome typical roadblocks in the dissertation-writing process. This interruption-free, stress-free, no-excuses-just-do-it writing time is intended for master's and Ph.D. students. This is a two-day program that runs from 9a.m. to 4:00 p.m. each day.

#### GradLife Balance: Graduate Student Support Workshop

April 28, 2025; 1:00 PM to 2:00 PM

#### Presented by Haley Peña and Atekeh Sadat, Counseling and Testing Services Virtual Event

In this workshop, UNT graduate students join in a supportive environment to discuss and navigate the challenges of graduate life. Topics covered will include stress management, burnout, role conflict, imposter syndrome, communication challenges, and more. This session is a great opportunity to connect with fellow students and gain valuable support.

